

To Get Done This Week



<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____
<input type="checkbox"/>	_____



All feeling a bit too much?

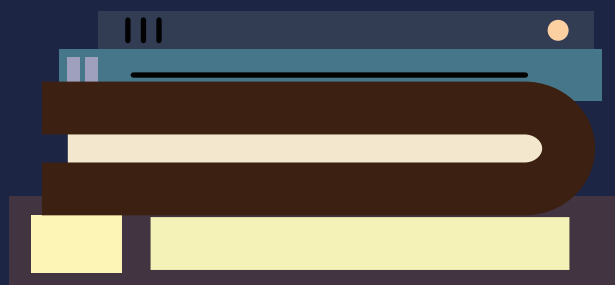
For any obstacles or struggles you're facing, our advice services are here for you at greenwichsu.co.uk/advice to offer you support. Here you can access our Wellbeing Checklist, Advice Handbook, all sorts of information about your education, and help with student life. There's also links to guidance and help with studying during a pandemic.

The University of Greenwich also provides confidential one-to-one counselling and wellbeing self help guides for all of it's students at gre.ac.uk/student-services/support/student-wellbeing, where you can also access urgent help if it's needed.

stressbusters

Stressbusters is here to help you find activities to help you tackle stress and improve your wellbeing while you learn from home, especially during exam and deadline seasons.

Just go to greenwichsu.co.uk/academic-communities/stressbusters to find more.



Monthly Calender



gsu

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

-	-	-	-	-	-	-
-	-	-	-	-	-	-
-	-	-	-	-	-	-
-	-	-	-	-	-	-
-	-	-	-	-	-	-

Notes

